

Victoria (Tori) Goldhammer, MS, OTR/L, ATP, CAPS, ECHM, CEAC, CLCP
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Licensed as an Occupational Therapist in Virginia, Maryland, Washington DC, Delaware, New York, New Jersey, Pennsylvania, and Massachusetts.

OCCUPATIONAL THERAPY:

Community Based Practice

Owner and President

Dec 2007 to present

Living at Home Consultations, Washington DC
Services available in-person and remote

Occupational Therapy Services

- Assess clients' functional skills and their environments
- Create client-centered plans with recommendations for appropriate services, home modifications, assistive technology and interventions to facilitate remaining in the home
- Coordinate with a team to provide holistic services and support
- Partner with contractors and equipment vendors to ensure modifications meet client needs
- Collaborate with public and third party payers to provide Environmental Assessments, including Medicare, Medicaid Waiver programs and Workers Compensation providers
- Consult with private organizations and public agencies interested in developing community-based aging-in-place programs

Expert Witness and Life Care Planning

- Expert witness for litigation cases involving occupational therapy
- Life Care Planning with specific focus on home modifications, assistive technology and durable medical equipment

Program/Clinical Manager

Jul 2015 to Dec 2023

Safe at Home Program, Washington DC

- Created, implemented and managed program operations, including field staff, and a \$4.5 million annual budget for compliance with the grantor's requirements
- Completed in-home functional assessments, determined appropriate modifications, wrote scope of work, and coordinated with contractors for project completion
- Worked with a transdisciplinary team to implement holistic services in the home
- Provided written narrative reports and descriptive presentations regarding the achieved outcomes to share with the grantor and high-level administrators
- Analyzed program data to ensure program efficacy and fidelity
- Presented locally and nationally for program replication

Clinical and Facility Based Practice

<u>Staff Occupational Therapist</u> Home Health Medstar VNA, Washington DC	Oct 2014 to Jul 2015
<u>Per Diem Occupational Therapist</u> Acute care Georgetown University Hospital, Washington, DC	Aug 2003 to Jan 2014
<u>Staff and Per Diem Occupational Therapist</u> Out-patient National Rehabilitation Hospital, Washington, DC	Nov 2003 to Mar 2007
<u>Staff Occupational Therapist</u> Sub-acute and long-term care Medlink Hospital and Nursing Facility, Washington, DC	June 2002 to Nov 2003
<u>Assistive Technology Specialist</u> In home and vocational rehab settings Easter Seals of Massachusetts, Worcester, MA	Apr 2000 to May 2002
<u>Community Resident Advisor and Respite Care Worker</u> Community based residential homes Orchard Village, Skokie, IL	Sept 1996 to July 1997

VOLUNTEER and COMMITTEE EXPERIENCE:

<u>Volunteer, Home Assessments</u> Contractors For A Cause, DE	Apr 2024 to present
<u>Senior's Health & Wellness Sessions, Virtual</u> WildTech, Washington DC	Aug 2023 to present
<u>Research and Conference Committees</u> American Association of Nurse Life Care Planners	July 2023 to present
<u>Member USC – ACL Home Modification Expert Panel</u> Leonard Davis School of Gerontology, USC	Apr 2020 to present
<u>President 315 G Condo Assoc. Board of Directors</u> Washington DC	Jan 2020 to present
<u>Leader DC Falls Free Coalition</u> Washington DC	May 2022 to Dec 2023
<u>Member DC Long Term Care Coalition</u> Washington DC	Sep 2013 to Dec 2023
<u>Coordinator/Member Senior Advisory Coalition</u> Washington DC	Dec 2014 to Mar 2020
<u>Founder Home Modification Task Force</u> Washington DC	Dec 2013 to Dec 2015
<u>Member DC Money Follows the Person Task Force</u> Washington DC	Nov 2013 to Dec 2015
<u>Co-Founder DC Falls Free Coalition</u> Washington DC	May 2011 to Sept 2015

RESEARCH AND TEACHING EXPERIENCE:

<u>Continuing Education Instructor</u> Summit Professional Education, National	July 2019 to May 2020
<u>Clinical Researcher</u> Johns Hopkins University, Baltimore, MD	Aug 2011 to Jun 2015
<u>Adjunct Faculty</u> Trinity University Washington, Washington DC	Jan 2013 to May 2013
<u>Research Assistant</u> , Model of Human Occupation Clearinghouse University of Illinois at Chicago, Chicago, IL	Aug 1997 to Dec 1999

AWARDS:

National Board for Certification in Occupational Therapy Innovation Award Honored with a national award for the creation of the Safe at Home program.	2022
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PUBLICATIONS & PRESENTATIONS:

Full list Appendix A

CERTIFICATIONS:

Assistive Technology Practitioner (ATP)	Jun 2003
Certified Aging in Place Specialist (CAPS)	Dec 2007
Executive Certificate in Home Modifications, USC (ECHM)	Oct 2008
Home Modifications Practitioner's Certificate Program, USC	Dec 2012
Certified Massage Therapist	Feb 2018
Certified Environmental Access Consultant (CEAC)	Jan 2019
Certified Life Care Planner (CLCP)	Nov 2022

PROFESSIONAL ASSOCIATION MEMBERSHIPS:

American Association of Nurse Life Care Planners	2023 to present
International Association of Rehabilitation Professionals	2022 to present
American Occupational Therapy Association	2000 to present

EDUCATION:

Capital University Law School, Columbus OH Certificate, Life Care Planning	Sep 2022
Potomac Massage Training Institute, Silver Spring MD Certificate, Massage Therapy	Feb 2018
University of Illinois at Chicago, Chicago IL M.S., Occupational Therapy	Dec 1999
Cornell University, Ithaca NY B.S., Marketing and Business Management	May 1988

APPENDIX A – PUBLICATIONS AND PRESENTATIONS

Peer-reviewed Articles and Book Chapters:

- Hawkins M, Goldhammer T, McClave R, Jenkins-Smith E. (2024) Evaluation of a Fall Prevention Program to Reduce Fall Risk and Fear of Falling Among Community-Dwelling Older Adults and Adults with Disabilities. *Clinical Interventions in Aging*. 2024;19:375-383 <https://doi.org/10.2147/CIA.S448196>
- Goldhammer, T. (2024). Complex environmental modifications: An occupational therapy perspective. *Journal of Nurse Life Care Planning*, 24(1), 9-14.
- Goldhammer, T. (2023). Consulting with occupational therapists. *The Journal of Legal Nurse Consulting*, 34(4). 6-9.
- Goldhammer, T., Scott, S. L., Waugh-Quasebarth, E., & Wickel, C. K. (2022). Safe at home: A community based approach for home modification implementation. *OT Practice*, 27(6). 30-33.
- Swenor, B. K., Yonge, A. V., Goldhammer, V., Miller, R., Gitlin, L. N., & Ramulu, P. (2016). Evaluation of the Home Environment Assessment for the Visually Impaired (HEAVI): An instrument designed to quantify fall-related hazards in the visually impaired. *BMC Geriatrics*, 16(1), Article 214. <https://doi.org/10.1186/s12877-016-0391-2>
- Kielhofner, G., Furst, G., Goldhammer, V., Roitman, D., Skubik-Peplaski, C., Stabenow, CI, & Ziv, N. (2002). Use of MOHO to Complement Other Models of Practice. In Kielhofner, G., *A Model of Human Occupation, Theory and Application*, (3rd Edition, pp. 462-488). Baltimore: Lippincott Williams & Wilkins.
- Baron, K., Kielhofner, G., Goldhammer, V., & Wolenski, J. (1998). *Occupational Self Assessment (OSA)*. University of Illinois at Chicago MOHO Clearinghouse.
- Baron, K., Kielhofner, G., Iyenger, A., Goldhammer, V., & Wolenski, J. (2006). *Occupational Self Assessment (OSA)*. University of Illinois at Chicago MOHO Clearinghouse.

Presentations:

- *Complex Home Modifications*
American Association of Nurse Life Care Planners, Annual Conference, April 2024
- *Home Modifications: From Low Cost Adaptations to Remodeling*
International Association of Rehabilitation Professionals, Fall Forum, October 2023
- *Fall Prevention and Home Modifications/Aging in Place*
Multiple (20+) presentations to community organizations and public agencies in the Metro DC Region, 2008 through 2023
- *Safe at Home Program*
Home and Community Based Services, Annual Conference, August 2019
- *An Occupational Therapy & Medicaid Partnership for People Transitioning to Community-Based Long Term Care*
American Society on Aging, Annual Conference, March 2016
- *Emerging Opportunities for OTs in Home Assessments & Modifications*
American Occupational Therapy Association, Annual Conference, April 2015

Presentations (continued):

- Multiple Sessions
 - *OT in Community Programming and Population Health*
 - *OT Collaboration with AARP on HomeFit Consumer Education Programs*
 - *Home Safety and Functional Needs of Latino Older Adults*American Occupational Therapy Association, Annual Conference, April 2014
- *Forming a Falls Free Coalition in Washington DC*
American Society on Aging, Annual Conference, March 2012

Local and National Media Interviews:

- Aging Matters Podcast, May 10, 2022: *“Aging in Place”*
- Washington Post, April 7, 2022: *“Aging in place can be so much easier with smart home technology”*
- Forbes Health, September 30, 2021: *“A Guide to the Best Wheelchair Cushion”*
- AARP Webinar, April 12, 2017: *“Home Safe Home”*
- East of the River DC News, May 2016: *“DC’s Office on Aging Pilots a Program to Keep Seniors Injury Free”*
- Washington Post, May 29, 2015: *“Aging doesn’t always come naturally. Classes are teaching boomers how”*.
- Diabetes Forecast, January 2015: *“Getting Organized: The Bedroom”*
- Washington Post, August 18, 2014: *“Want to keep your home and your independence as you age? Prevent falls.”*
- NPR’s Market Place, November 14, 2014: *“5 ways to make a city more walkable.”*
- Hill Rag, September 2013: *“Aging in Place”*
- Bob Vila.com: *“Staying Put: 10+ Improvements to Get Your House Ready for Your Next Age”*
- Rehab Management, November 27, 2012: *“Automating the Quest to Age in Place”*
- American Occupational Therapy Association “OT Practice”, April 9, 2012: *“Celebrating OT Month Year-Round”*
- American Occupational Therapy Association “Living Life to Its Fullest” podcast, June 22, 2009: *“Home Safety”*