

## **Victoria (Tori) Goldhammer, MS, OTR/L, ATP, CAPS, ECHM, CEAC, CFPS, CLCP**

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**PROFESSIONAL SUMMARY:** Over 20 years of experience as a Licensed Occupational Therapist. Owner of a consulting practice since 2007 with an expertise in home modifications for accessibility and management of fall risks. Skills include creating plans for older adults, individuals who have suffered injuries, and those with disabilities or progressive diseases to remain in their homes, managing clinical and contractor staff, grant compliance monitoring, program development consultant, professional continuing education instructor, and advocacy. Certifications in Home Modification, Fall Prevention, Assistive Technology and Life Care Planning. Clinical experience working in a variety of rehabilitation settings including acute, sub-acute, long-term care, home health and out-patient. Licensed in Virginia, Maryland, Washington DC, and New York.

### **MANAGEMENT AND PROGRAM EXPERIENCE:**

#### Program/Clinical Manager

Dec 2015 to present

Safe at Home Program, Washington DC

- Manage program operations, including field staff, and a \$4.5 million annual budget for compliance with the grantor's requirements.
- Complete in-home occupational therapy assessments, determine appropriate modifications, write scope of work, and communicate with contractors for project completion.
- Develop programming, including a new evidence-based, comprehensive, fall risk mitigation program.
- Work with an interdisciplinary team to implement holistic services in the home.
- Provide written narrative reports and descriptive presentations regarding the program's achieved outcomes to share with the grantor, senior management, and high-level administrators.
- Evaluate Quality Indicators (QI) for program performance and streamline processes as indicated to meet mandatory timelines.
- Analyze program data to ensure program efficacy and fidelity.
- Participate in regular outreach activities, including presentations and educational events, for community members.
- Represent the program at partner and stakeholder events to build collaboration and implement cross-cutting initiatives for improved client outcomes.
- Supervise and mentor student interns.

#### Private Practice

Dec 2007 to present

Living at Home Consultations, Washington DC

- Work with clients and their families to determine appropriate services and interventions to facilitate remaining in the community.
- Manage a team to provide holistic services and support.
- Partner with contractors to ensure modifications meet client needs.
- Collaborate with public funders to provide services, including Medicaid Waiver programs for individuals and children with disabilities.
- Consult with private organizations and public agencies interested in developing community-based aging-in-place programs.
- OT consultant for the development of Life Care Plans for both forensic and non-forensic applications.

**DIRECT CARE EXPERIENCE:**

<u>Per Diem Occupational Therapist</u> Georgetown University Hospital, Washington, DC	Aug 2003 to Jan 2014
<u>Staff and Per Diem Occupational Therapist</u> National Rehabilitation Hospital, Washington, DC	Nov 2003 to Mar 2007
<u>Staff Occupational Therapist</u> Medlink Hospital and Nursing Facility, Washington, DC	June 2002 to Nov 2003
<u>Assistive Technology Specialist</u> Easter Seals of Massachusetts, Worcester, MA	Apr 2000 to May 2002
<u>Community Resident Advisor and Respite Care Worker</u> Orchard Village, Skokie, IL	Sept 1996 to July 1997

**COALITION EXPERIENCE:**

<u>Leader DC Falls Free Coalition</u> Washington DC Resumed previous role	May 2022 to present
<u>Member USC – ACL Home Modification Expert Panel</u> Leonard Davis School of Gerontology, USC	Apr 2020 to present
<u>Member DC Long Term Care Coalition</u> Washington DC Local providers of DC Medicaid services	Sept 2013 to present
<u>Coordinator/Member Senior Advisory Coalition</u> Washington DC Local non-profits in the DC Senior Network	Dec 2014 to Mar 2020
<u>Founder Home Modification Task Force</u> Washington DC Dept. of Housing and Community Development (DHCD)	Dec 2013 to Dec 2015
<u>Member DC Money Follows the Person Task Force</u> Washington DC Dept. Health Care Finance (DHCF)	Nov 2013 to Dec 2015
<u>Co-Founder DC Falls Free Coalition</u> Washington DC Community stakeholders working with older adults	May 2011 to Sept 2015

**RESEARCH AND TEACHING EXPERIENCE:**

<u>Clinical Researcher</u> Johns Hopkins University, Baltimore, MD	Aug 2011 to Jun 2015
<u>Adjunct Faculty</u> Trinity University Washington, Washington DC	Jan 2013 to May 2013
<u>Research Assistant</u> , Model of Human Occupation Clearinghouse University of Illinois at Chicago, Chicago, IL	Aug 1997 to Dec 1999

**AWARDS:**

- National Board for Certification in Occupational Therapy Innovation Award 2022

**PUBLICATIONS:**

- Local and national media:
  - Aging Matters Podcast, May 10, 2022: *“Aging in Place”*
  - Washington Post, April 7, 2022: *“Aging in place can be so much easier with smart home technology”*
  - Forbes Health, September 30, 2021: *“A Guide to the Best Wheelchair Cushion”*
  - AARP Webinar, April 12, 2017: *“Home Safe Home”*
  - East of the River DC News, May 2016: *“DC’s Office on Aging Pilots a Program to Keep Seniors Injury Free”*
  - Washington Post, May 29, 2015: *“Aging doesn’t always come naturally. Classes are teaching boomers how”*.
  - Diabetes Forecast, January 2015: *“Getting Organized: The Bedroom”*
  - Washington Post, August 18, 2014: *“Want to keep your home and your independence as you age? Prevent falls.”*
  - NPR’s Market Place, November 14, 2014: *“5 ways to make a city more walkable.”*
  - Hill Rag, September 2013: *“Aging in Place”*
  - Bob Vila.com: *“Staying Put: 10+ Improvements to Get Your House Ready for Your Next Age”*
  - Rehab Management, November 27, 2012: *“Automating the Quest to Age in Place”*
  - American Occupational Therapy Association “OT Practice”, April 9, 2012: *“Celebrating OT Month Year-Round”*
  - American Occupational Therapy Association “Living Life to Its Fullest” podcast, June 22, 2009: *“Home Safety”*
- Peer-reviewed articles and book chapters:
  - Goldhammer, T, et al. *“Safe at Home: A Community Based Approach for Home Modification Implementation”*, OT Practice, June 2022.
  - Swenor, BK, et al. *“Evaluation of the Home Environment Assessment for the Visually Impaired (HEAVI): an instrument designed to quantify fall-related hazards in the visually impaired”*, BMC Geriatrics (2016) 16:214
  - Kielhofner, G., et al. Chapter 25. *A Model of Human Occupation, Theory and Application, 3<sup>rd</sup> Edition*. Baltimore: Lippincott Williams & Wilkins, 2002.
  - Kielhofner, G., et al. *Occupational Self Assessment*, University of Illinois at Chicago MOHO Clearinghouse, 1998.

**PRESENTATIONS:**

Present regularly for community organizations, non-profits, and national conferences.

**CERTIFICATIONS**

Assistive Technology Practitioner (ATP)	Jun 2003
Certified Aging in Place Specialist (CAPS)	Dec 2007
Executive Certificate in Home Modifications, USC (ECHM)	Oct 2008
Home Modifications Practitioner's Certificate Program, USC	Dec 2012
Certified Massage Therapist	Feb 2018
Certified Environmental Access Consultant (CEAC)	Jan 2019
Certified Fall Prevention Specialist (CFPS)	Nov 2020
Certified Tai Chi Instructor for Fall Prevention and Arthritis	Dec 2021
Certified Life Care Planner (CLCP)	Nov 2022

**EDUCATION:**

Capital University Law School, Columbus OH Certificate, Life Care Planning	Sep 2022
Potomac Massage Training Institute, Silver Spring MD Certificate, Massage Therapy	Feb 2018
University of Illinois at Chicago, Chicago IL M.S., Occupational Therapy	Dec 1999
Cornell University, Ithaca NY B.S., Marketing and Business Management	May 1988